

DISCUSSION TOPICS continued

- Understanding the system – Federal, State and local systems for children
- Understanding MEDICAID, Social Security, and private insurance
- Understanding the funding for services.
- Personal Empowerment
- Cultural Competency
- Legislative Advocacy
- Understanding medication options and diagnosis
- Special education laws and IEPs
- Resources in Alabama
- Personal leadership styles

Schedule for 2009

May 1 & 2, 2009 (AFT Annual conference)

June 6 & 7, 2009

July 25 & 26, 2009

August 29 & 30, 2009

September 19 & 20, 2009

**YOU MUST CALL TO
APPLY FOR CONSIDERA-
TION. Those chosen will be
notified by mail**



Address
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Montgomery, AL 36111-0143
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**Leadership
Institute of Alabama
Family
Ties, Inc.**



Tel: 1-877-834-0615

LIFT (The Leadership Institute of Alabama Family Ties) WANTS YOU!

THE LEADERSHIP INSTITUTE OF ALABAMA FAMILY TIES

LIFT is an educational program sponsored by Alabama Family Ties, Inc designed to provide leadership training for families of youth with mental health challenges.

WHY DOES LIFT WANT YOU?

Alabama Family Ties believes that our Leadership Institute will help educate families to become better advocates for their children. These training sessions will teach families how to become leaders in their community who are knowledgeable of what is needed to provide a better system of care in Alabama.

LIFT WANTS YOU TO PARTICIPATE!

LIFT is an intensive educational training program. LIFT will provide knowledge that you need to be an advocate, collaborator, and leader for your family as well as others.

LIFT's requirements are...

Your desire to become a leader, which will help your family as well as other families by improving the health system for Alabama's children.

You are a family member caring for a child under 25 with a mental health need.

Your child is receiving mental health

services in the private sector or from one or more agencies in the public sector. Examples are: mental health, education, child welfare, or juvenile justice.

At LIFT our goal is to provide you with the confidence that once you have completed the training sessions, you will feel empowered to become a better leader, collaborator, and advocate for children throughout Alabama.

HOW LIFT CAN FURTHER ASSIST YOU?

With application approval, LIFT will provide materials, lodging, and meals for training sessions. Reimbursement for families needing childcare or transportation expenses will also be considered.

WHAT DOES LIFT NEED FROM YOU?

- A commitment to participate and attend all sessions.
- Completion of all assignments.
- Logging and documenting each month activities related to LIFT.
- Most importantly, putting the training into use by helping your family as well as other families with children who have mental health needs.

FUNDED BY:

Substance Abuse and Mental Health Services Administration Center for Mental Health Services

Alabama Department of Mental Health and Mental Retardation Mental Illness Planning Council

FOR MORE INFORMATION, OR TO APPLY FOR CONSIDERATION CONTACT:

Alabama Family Ties, Inc.

PO Box 11143

Montgomery, AL 36111-0143

(334) 240-8437 or

(877) 834-0615 (toll free in state)

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help@alfamilyties.org

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DISCUSSION TOPICS

Administrators from Alabama State Departments, private agency professionals and advocates, all experts in their fields, will address participants on a range of children's mental health topics, including:

Continued on back



Alabama Family Ties is grateful for the inspiration and assistance to create this institute from our sister statewide family network **The Maryland Coalition of Families for Children's Mental Health**